



## Understanding Youth Development Outcomes

This document outlines potentially negative outcomes that youth may experience, and that communities may want to address. Taken from the Evidence2Success Youth Experience Survey, the following chart offers questions that communities may ask youth to assess youth developmental outcomes in the areas of behavior, education, emotional well-being and physical health.

<b>Behavior</b>	<b>Antisocial Behavior</b>	<b>Delinquency</b>	Students report that they have engaged in at least one antisocial behavior in the past year, including: carrying a handgun, selling illegal drugs, stealing, attacking someone with intent to hurt them, purposefully damaging someone else's property, or being arrested.
			<i>Example question: "How many times in the past year (12 months) have you carried a handgun?"</i>
		<b>Ever Belonged to a Gang</b>	Students report ever being involved with a gang.
		<i>Example question: "Have you ever belonged to a gang?"</i>	
	<b>Sexual Behavior</b>	<b>Ever Had Sexual Intercourse</b>	Students report whether they have ever had (vaginal or anal) sexual intercourse.
			<i>Example question: "Have you ever had sexual intercourse? (By sexual intercourse we mean vaginal or anal sex)."</i>
<b>Risky Sexual Behavior</b>		Students are considered to engage in risky sexual behavior if they have had two or more sex partners in the past year, or have used birth control or condoms inconsistently.	
	<i>Example question: "In the past year (12 months), when you had vaginal or anal sex with someone, how often did you or your partner use a condom?"</i>		

Behavior (continued)	Substance Use	<b>Cigarette Use</b>	Students report using cigarettes in the past 30 days
			Students report daily smoking (smoking one or more cigarettes per day during the past month).
			<i>Example question: "How frequently have you smoked cigarettes during the past month (30 days)?"</i>
		<b>Alcohol Use</b>	Students report using alcohol in the past 30 days
			Students report binge drinking (5 or more alcoholic drinks in a row in the past 2 weeks).
			<i>Example question: "Think back over the last two weeks. How many times have you had five or more alcoholic drinks in a row?"</i>
		<b>Marijuana Use</b>	Students report using marijuana in the past 30 days
			<i>Example question: "On how many occasions (if any) have you used marijuana during the past month (30 days)?"</i>
		Education	<b>Mostly Poor or Failing Grades</b>
<i>Example question: "Putting them all together, what were your grades like last year?"</i>			
<b>Suspended or Expelled</b>	Students report that they have been suspended or expelled from school at least once in the past year (12 months).		
	<i>Example question: "How many times in the past year (12 months) have you been suspended or expelled from school?"</i>		
<b>Not Graduated within 4 Years</b>	Students have not graduated within 4 years.		
	<i>PPSD provided administrative data, 12<sup>th</sup> grade only.</i>		
<b>Chronic Absenteeism</b>	Absent 10% or more of enrolled days.		
	<i>PPSD provided administrative data.</i>		

<b>Emotional Well-being</b>	<b>Low Emotional Regulation</b>	Students report that they are not generally able to regulate their emotions, such as relaxing when feeling tense or controlling their temper when angry.
		<i>Example question: "I know how to calm down when I am feeling nervous."</i>
	<b>Anxiety or Depression</b>	Students report elevated symptoms of anxiety and depression, at levels that put them at risk for developing clinically significant problems such as depression or anxiety disorders.
		<i>Example questions: "I have many fears, I am easily scared." "I am often unhappy, depressed or tearful."</i>
<b>Physical Health</b>	<b>Considered Suicide</b>	Students report having thought seriously of killing themselves.
		<i>Example question: "During the past year (12 months), have you seriously thought about killing yourself?"</i>
	<b>ADD/ADHD</b>	Students report ever having ADD/ADHD.
	<i>Example question: "Have you ever had ADD or ADHD (Attention Deficit Disorder or Attention Deficit Hyperactivity Disorder)?"</i>	
	<b>Sick Days in Past Month</b>	Students are considered to have poor health if they report that they missed four or more days of school during the past month because of illness or injury.