2018 MAINE PROFILE
TRANSITION-AGE YOUTH IN FOSTER CARE

The transition from adolescence to adulthood is a pivotal developmental stage as young people learn the skills needed to be healthy and productive adults. This process can be complicated for youth with foster care experience. Here’s what we know about the experiences of these youth in Maine.

171,162 or 25% of United States’ foster care population is ages 14+
378 or 14% of Maine’s foster care population is ages 14+

Above charts are based on the three largest racial and ethnic groups in this state for foster care. For additional data, please visit the KIDS COUNT Data Center, http://datacenter.kidscount.org.

* Sex is based on gender at birth.
In addition to the trauma of abuse or neglect that resulted in being removed from their homes and placed in the foster care system, experiences while in foster care — including frequent moves — can lead to worse outcomes for youth. Looking at these indicators helps us understand how youth with foster care experience in Maine are faring and provides insight into the changes needed to improve the lives of these young people.
Reasons for Leaving Foster Care

Lingering in foster care, experiencing unstable placement settings while in foster care and leaving foster care without a permanent, legal connection to family are important indicators of how youth in Maine are faring.

Percentage of Youth Who Emancipated by Race – Maine

Number of Young People in Care on Their 18th and 19th Birthdays

Percentage Still in Care on Their 19th Birthday
Research shows that young adults who experienced foster care have worse outcomes than their peers in the general population across a variety of spectrums — from education to employment to housing to early parenthood. Examining data on these outcomes in Maine is important as we strive to improve the practices, programs and policies that help ensure these young people have the relationships, resources and opportunities they need for well-being and success.

**Services**

Transition services, such as vocational training and housing assistance, are designed to help young people with foster care experience transition to adulthood. Participation in federally funded transition services provides a window into how well young people are being equipped for employment, education and housing.

- **Employment Programs/Vocational Training**
  - Maine: 20%
  - United States: 23%

- **Educational Financial Assistance**
  - Maine: 13%
  - United States: 23%

- **Room and Board Assistance**
  - Maine: 53%

**Young Adult Outcomes by Age 21**

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- **Full/Part Time Employment**
  - Maine: 49%
  - United States: 70%

- **High School Diploma/GED+**
  - Maine: 94%
  - United States: 92%

- **Stable Housing**
  - Maine: 81%
  - United States: 70%

- **Young Parents**
  - Maine: 31%